

2026

MS State of the Art Symposium

January 24, 2026 | KKL Luzern

«Moving Forward with Progressive MS –
from Early Detection to Emerging Treatments»



Swiss
Multiple Sclerosis
Society

Plenary Sessions

9.30 – 10.00 Coffee and Gipfeli

Session 1

Chairpersons:

Lara Diem, Lucerne
Adam Czaplinski, Zurich

10.00 – 10.15 **News from the Swiss Multiple Sclerosis Society**
Jürg H. Beer, Baden & Zurich

10.15 – 10.45 **Mechanisms of Disease Progression**
Tanja Kuhlmann, Münster DE

10.45 – 11.15 **Beyond the Surface: Advanced MRI Reveals Features of Clinical Worsening in MS Patients**
Cristina Granziera, Basel

11.15 – 11.45 **Coffee Break**
MS Researcher Poster Presentation

Session 2

Chairpersons:

Iris-Katharina Penner, Bern
Pasquale Calabrese, Basel

11.45 – 12.15 **Cognitive Impairment and PIRA in MS: Diagnostic Guidelines and Mechanisms**
Menno Schoonheim, Amsterdam NL

12.15 – 12.45 **MS Treatment Update**
Andrew Chan, Bern

12.45 – 13.00 **Poster Flash**
Brief Introductions to Selected Exhibited Posters
Hosted by Britta Engelhardt, Bern

13.00 – 14.15 **Lunch Break**
MS Researcher Poster Presentation

Workshops

In these workshops the participants are invited to ask questions and discuss actively.

Workshop A

14.15 – 15.00

Pixels, Patterns, and Patients:

The Power of Digital Biomarkers in MS

Tim Woelfle, Basel

Tjalf Ziemssen, Dresden DE

This workshop provides an accessible yet in-depth introduction to the landscape of digital biomarkers in MS. We will explore the scientific basis and technological platforms behind these measures. Participants will gain a better understanding of how digital biomarkers might support personalized treatment decisions, monitor therapeutic response, and potentially anticipate future disease activity.

Workshop B

14.15 – 15.00

Fatigue and Energy Management:

Collaborative Perspectives from Occupational Therapy and Neuropsychology

Andrea Weise, Manno

Charlene von der Weid, Geneva

In this workshop, participants will gain insight into evidence-based and complementary treatment approaches for fatigue and energy management from the perspectives of occupational therapy and neuropsychology.

15.00 – 15.15

Coffee Break

Workshop C
15.15 – 16.00

Complementary and Integrative Medicine (CIM) in MS

Robert Fitger, Bern
Ursula Wolf, Bern

European studies show that over 50% of persons with MS use complementary medicine and most are satisfied with its effectiveness. In this workshop, some therapeutic CIM options that have shown to be effective and safe in clinical practice will be described and their use discussed.

Workshop D
15.15 – 16.00

Therapy Goals, Adherence, and when to De-Escalate

Christian Kamm, Luzern
Stefanie Müller, St. Gallen

Several disease-modifying treatments (DMT) have been introduced in recent years and MS has become a treatable disease. Over time there has been a change in treatment strategies, and de-escalating strategies have come into focus. This workshop provides an update on existing data on treatment goals and de-escalation studies.

16.00

Farewell Apéro

MS Researcher Poster Presentation

During the coffee and lunch breaks you will have the opportunity to view selected posters from MS research projects.

Date

Saturday, January 24, 2026 | 09.30 – 16.00

Venue

KKL Luzern | Europaplatz 1, CH-6005 Lucerne

Programme Committee

Jürg H. Beer, Baden & Zurich | Pasquale Calabrese, Basel | Adam Czaplinski, Zurich | Lara Diem, Lucerne | Britta Engelhardt, Bern | Jens Kuhle, Basel | Iris-Katharina Penner, Bern | Caroline Pot, Lausanne

Organisation

Swiss Multiple Sclerosis Society and its Medico Scientific Advisory Board

Credits

Credits will be published on www.ms-state-of-the-art.ch

Registration fee

Regular: CHF 150.00

Students: free of charge

Satellite Symposium – MS Researcher Meeting



On Friday, January 23, 2026, experts meet at the Hotel Radisson Blu, Luzern, for poster presentations, short talks, and lectures of the winners of the Swiss MS Society Research Prize.

The MS State of the Art Symposium is kindly supported by:

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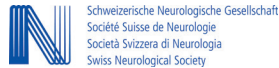
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Register here:



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Swiss Multiple Sclerosis Society

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