



PROGRAM

JOINT CONGRESS:

Rehab Meets Pain Meets Rehab

SWISS PAIN SOCIETY &
SWISS SOCIETY OF PHYSICAL MEDICINE
AND REHABILITATION



More Info:
www.swisspainsociety.ch

**13. & 14.
NOVEMBER
2025**

KULTUR- UND
KONGRESSHAUS
AARAU



reha schweiz
Schweizerische Gesellschaft für Physikalische Medizin und Rehabilitation
Société Suisse de Médecine Physique et Rééducation
Swiss Society of Physical Medicine and Rehabilitation





PREFACE

The scientific and organizational committee is pleased to welcome you to the congress “Rehab meets Pain meets Rehab” on the 13th and 14th of November 2025 in Aarau, which is jointly organized by the Swiss Pain Society (SPS) and the Swiss Society for Physical Medicine and Rehabilitation (SGPMR).

What can you expect?

- In-depth discussions: Benefit from exciting presentations and interactive discussion sessions with leading experts who will highlight new perspectives and solutions for the interfaces between pain management and rehabilitation.
- Networking opportunities: Meet colleagues from a wide range of specialist areas, exchange experiences, and make valuable contacts for future collaborations and research projects.
- Pioneering research: Gain exclusive insight into the latest scientific developments and ground-breaking research approaches in the field of pain and rehabilitation.

Who should attend?

The congress is aimed at a multidisciplinary audience of physicians, nurses, researchers, psychologists, physiotherapists, and other healthcare professionals. Here, you will have the opportunity to exchange ideas with experts from various disciplines and discuss innovative concepts for integrative patient care.

Be part of it!

Take the opportunity to find out about the latest trends and scientific findings and gain new insights for your daily work. We look forward to welcoming you in Aarau!

For the scientific committee

Swiss Pain Society (SPS)
PD Dr. med. Marc Suter
SPS president

Dr. phil. Ben Brönnimann
Prof. Dr. med. Andreas Gantenbein
Dr. med. Michael Harnik

Reha Schweiz (SGPMR)
Dr. med. Stefan Goetz
SGPMR president

Dr. med. univ. Maximilian Schindler
Prof. Dr. med. Stefan Bachmann
Dr. med. Yan Eggel





PROGRAM THURSDAY

13th November 2025

TIME	TOPIC	CHAIR/SPEAKER	ROOM
08.00 – 09.30	Registration		
09.30 – 11.00	Session 1 - Chronic Pain	Chair: tbd	Saal 1
	Mechanisms/pathophysiology of chronic pain	EN Heike Rittner	Saal 1
	CRPS I	EN Francois Luthi	Saal 1
	CRPS II	DE Evelyn Bärtschi	Saal 1
11.00 – 11.30	Coffee Break		
11.30 – 12.30	Session 2 - Knee Pain	Chair: tbd	Saal 1
	Pain after knee operation	Pascal Gerhard	Saal 1
	Physiotherapy in patients with knee pain- state of the art	Suzanne Gard	Saal 1
12.30 – 14.00	Lunch Break		
	SPS SIG Meeting Pain Nurses	Astrid Burtscher	Seminar 1-2
	SPS SIG Meeting Physiotherapy	Kay Hanusch	Seminar 3
	SPS SIG Meeting CANoP	Petra Schweinhardt	Seminar 4
	SPS SIG Meeting Interdisciplinary multimodal pain therapy	Jochen Oeltjenbruns	Seminar 5
14.00 – 14.30	INDUSTRY TALK I tbd	tbd	Saal 1
14. 30 – 15.30	Session 3 - Effects of Chronic pain on...	Chair: tbd	Saal 1
	...insurance medicine and chronic pain syndromes	Andreas Klipstein	Saal 1
	...social activities and daily life	tbd	Saal 1
15.30 – 16.00	Coffee Break		
	«Patient Reported Outcome Measure» (PROM)	Qualitouch-HC Foundation Prof. Robert Theiler	Seminar 1-2
16.00 – 17.00	Session 4 - State of the art	Chair: tbd	Saal 1
	Pharmacotherapy of chronic pain syndroms (Canabinoids and Opioids?)	Tobias Schneider	Saal 1
	Non-pharmacological interventions in chronic pain	Manfred Koch	Saal 1
17.00 – 18.00	SPS General Assembly	Marc Suter	Saal 4
	SGPRM General Assembly	Stefan Goetz	Saal 1
18.00 – 19.30	City Tour and Drinks		
19.30 – 22.00	Get together Dinner		



PROGRAM FRIDAY

14th November 2025

TIME	TOPIC	SPEAKER	ROOM
08.00 – 09.00	Registration		
09.00 - 10.30	Session 5 - Back Pain I	Chair: tbd	Saal 1
Saal 1	Physiotherapy in chronic low back pain	Hannu Luomajoki	
	Interventional Therapy - Pro's	Heino Prillwitz	
	Interventional Therapy - Con's	Stéphane Genevay	
10.30 - 11.00	Coffee Break		
	«Patient Reported Outcome Measure» (PROM)	Qualitouch-HC Foundation Prof. Robert Theiler	Seminar 1-2
11.00 - 12.00	Session 6 - Back Pain II	Chair: tbd	Saal 1
	Pain in spinal cord injuries	Inge Eriks Hoogland	
	Psychosamtic rehabilitation in chronic pain patients	Salih Muminagic	
12.00 - 12.45	ROUNDTABLE tbd	Chair: Pierre-Yves Rodondi <u>Roundtable:</u> Stéphane Genevay, Hannu Luomajoki, Heino Prillwitz, Inge Eriks Hoogland, Salih Muminagic	Saal 1
12.45 - 13.45	Lunch Break		Saal 2
	SPS SIG Meeting Pain Psychology	Julia Kaufmann	Seminar 1-2
	SPS SIG Meeting Pediatric Pain	Ilca Wilhelm	Seminar 3
	SPS SIG Meeting Prevention of Chronic Pain	Konrad Streitberger	Seminar 4
	SPS SIG Meeting Daily Life and Pain	Sylvia Längin	Seminar 5
13.45 - 14.15	INDUSTRY TALK II tbd	tbd	Saal 4
14.15 - 14.45	Oral Poster Presentation	Chair: tbd	Saal 4
14.45 - 16.15	Session 7 - Out of the box	Chair: tbd	Saal 4
	Botoxtherapy in chronic pain syndrom	Serdar Koçer	
	Chinese medicine in chronic pain	Konrad Streitberger	
	Magic	Chantal Plomb	
16.15 - 17.00	Closing Remarks Best Poster Award (with Farewell-Apéro)		Saal 2



SPEAKER



Evelyn Bärtschi

Specialist Team Leader Spine,
Rheumatology & Tumors

Universitätsklinik Balgrist

Forchstrasse 340
CH-8008 Zürich



Suzanne Gard

Physiotherapist in bachelor and
postgraduate programs

EXO Thérapie

Quai du Seujet 20
CH-1201 Genève



Prof. Dr. med. Stéphane Genevay

Specialist in Rheumatology & in
General Internal Medicine

Hôpitaux Universitaires Genève

Rue Gabrielle-Perret-Gentil 4
CH-1211 Genève 14



Dr. med. Pascal Gerhard

Specialist in Orthopaedic Surgery
and Traumatology of the
Musculoskeletal System

HOCH Health Ostschweiz

Rorschacher Strasse 95
CH-9007 St.Gallen



KD Dr. med., PhD Inge Eriks Hoogland

Specialist in Physical Medicine and
Rehabilitation

Schweizer Paraplegiker-Zentrum

Guido A. Zäch-Strasse 1
CH-6207 Nottwil



PD Dr. med. Andreas Klipstein

Specialist in Physical Medicine and
Rehabilitation & in Rheumatology

AEH Zürich

Militärstrasse 76
CH-8004 Zürich



Dr. med. Serdar Koçer

Specialist in Physical Medicine and
Rehabilitation

Hôpital du Jura

Centre de rééducation
Chemin des Minoux 30
CH-2900 Porrentruy



SPEAKER



Prof. Dr. med. Manfred Koch
Specialist in Anesthesiology

Kantonsspital Graubünden
Loëstrasse 170
CH-7000 Chur



Prof. Dr. Hannu Luomajoki
Physiotherapist

ZHAW Gesundheit
Katharina-Sulzer-Platz 9
CH-8400 Winterthur



PD Dr. med. Francois Luthi
Specialist in Physical Medicine and
Rehabilitation & in Orthopaedic
Surgery and Traumatology of the
Musculoskeletal System

Clinique romande de réadaptation
Av. Grand-Champsec 90
Postfach
CH-1951 Sitten



Dr. med. univ. Salih Muminagic
Specialist in Physical Medicine and
Rehabilitation & in General
Practitioner _ General Practitioner

aarReha Schinznach
Zentrum für Rehabilitation
Badstrasse 55
CH-5116 Schinznach-Bad



Dr. med. Chantal Plomb
Specialist in Physical Medicine and
Rehabilitation

Clinique romande de réadaptation
Av. Grand-Champsec 90
Postfach
CH-1951 Sitten



Dr. med. Heino Prillwitz
Specialist in Rheumatology & in
General Internal Medicine

Rheumatologisches
Versorgungszentrum
Weinfelden (RVZ-Weinfelden)
Bahnhofstrasse 22
CH-8570 Weinfelden



Univ.-Prof. Dr. med. Heike Rittner
Specialist in anesthesiology

Klinik und Poliklinik für
Anästhesiologie, Intensivmedizin,
Notfallmedizin und
Schmerztherapie
Oberdürrbacher Straße 6 / Haus A2
D-97080 Würzburg



SPEAKER



Prof. Dr. med. Pierre-Yves Rodondi
Specialist in General Internal
Medicine & in General Practitioner _
General Practitioner

Universität Freiburg
Abteilung Medizin
Ch. du Musée 8
CH-1700 Freiburg



Dr. med. Tobias Schneider
Specialist in Anesthesiology

Universitätsspital Basel
Petersgraben 4/Spitalstrasse 21
CH-4031 Basel



Prof. Dr. med. Konrad Streitberger
Specialist in Anesthesiology

**Universitätsklinik für Anästhesiologie
und Schmerzmedizin**
Inselspital, Universitätsspital Bern
Freiburgstrasse
3010 Bern



TBD

TBD

INDUSTRY TALKS

Saal 1

Thursday, 13th November 2025

tbd

Dr. tbd
Adresse tbd



Saal 4

Friday, 14th November 2025

tbd

Dr. tbd
Adresse tbd





GET TOGETHER

Thursday Evening

In order to make the most of the opportunity of a 2-day congress, we organized the following social activities on Thursday evening.

CITY TOUR

18.00 - 19.00



Aarau surprises

Take a journey through Aarau's eventful history and meet numerous exciting contemporary witnesses. Trained and passionate guides accompany you to the sights of Aarau and share history, stories and anecdotes.

GET TOGETHER DINNER

19.00 - 22.00 (Bar open till 23.30)



Enjoy good food and relaxed conversations

We have planned a nice dinner at the Restaurant Ox in Aarau to round off the evening in a relaxed atmosphere and to create the opportunity to talk to a wide range of colleagues.





LANGUAGE

The presentations will be held in the language indicated in the speech bubbles in the program. The slides are shown in English. Please note that the presentations will not be translated. Thank you for your understanding.

REGISTRATION



Online Registration via

REGISTRATION FEE

		Member*	Non-Member	Student (with an Abstract)	Student (without an Abstract)
Early Bird (till 31.07.25)	2-Day Pass	270	370	100	130
	1-Day Pass	250	300	90	130
Normal	2-Day Pass	350	450	130	180
	1-Day Pass	250	300	90	130
OnSite	2-Day Pass	370	470	150	200
	1-Day Pass Thursday	270	320	110	150
Get-Together	City Tour + Dinner	120		60	

*SPS, SGPMR, DSG, OESG, SFETD.

Please send us your member confirmation via mail to info@swisspainsociety.ch.

CANCELLATION

Cancellation up to and including October 10, 2025:

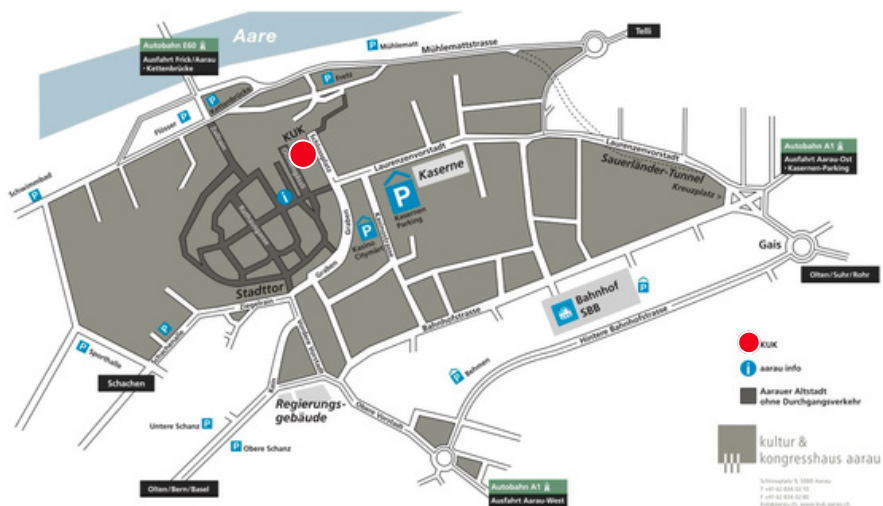
A handling fee of CHF 50.00 will not be refunded or remains owed.

Cancellation from October 11, 2025:

The registration fee will not be refunded or remains owed.



SITE PLAN KUK



PARKING FACILITIES

There are no parking spaces for visitors and guests at the kultur & kongresshaus aarau. There are two public wheelchair parking spaces on the Schlossplatz opposite the kuk.

Please use the public parking lots and parking garages. Follow the brown parking garage signs of the parking guidance system. We recommend the public barracks parking at Laurenzenvorstadt (2 minutes' walk to the kultur & kongresshaus aarau).

HOTEL CONTINGENT

In order to provide you with the best possible support in planning your participation at our SPS & SGHN Joint Congress 24, we have organized a contingent of hotel rooms to the following conditions. Please reserve your hotel room via this [booking link](#).

Hotel Aarauerhof Self-Check-In Hotel

(you can book till 28. Oktober 2024)

One person for one night in a one bed room, breakfast included | CHF 117.-

Hotel Kettenbrücke 4-Star Hotel

(you can book till 8. November 2024)

One person for one night in a double room, breakfast included | CHF 248.-



CREDITS

Society	Thursday, 13. November 2025	Friday, 14. November 2025
ChiroSuisse	requested	requested
FSP	requested	requested
SAPPM	requested	requested
SGAIM	requested	requested
SGPMR	requested	requested
SGPP	requested	requested
SGR	requested	requested
SPS	requested	requested
SSAPM	requested	requested
SSIPM	requested	requested

EVALUATION

We appreciate your evaluation of the
SPS & SGPMR Joint Congress 25.

Please use the QR code:

QR-Code

VENUE

kultur & kongresshaus aarau
Schlossplatz 9
CH-5000 Aarau

P +41 62 843 50 50

E kuk@aarau.ch

W <https://www.kuk-aarau.ch/>

SPS PARTNER



ORGANISATION

Ayingol Office Services GmbH
Anne Ayingol
Quentlistrasse 73
CH-8193 Eglisau

P +41 44 512 19 01

E info@swisspainsociety.ch

W <https://www.a-o-s.ch/>