

Day 1 13.11.2025

Module "Neurology and Psychiatry"

Time	Subject	Lecturers
08:30 - 08:40	Introduction pre-course expectations (mentimeter)	Prof. Dr. sc. nat. Valerie Treyer (University Hospital Zurich)
08:40 - 09:40	Healthy brain and mind in different sexes	Prof. Dr. rer. nat. Lutz Jäncke (University of Zurich)
09:40 - 10:00	Discussion	Lutz Jäncke and all
10:00 - 10:30	Coffee break	
10:30 - 11:30	Sex and Gender differences in childhood development	Dr. med. Kennedy Uchenna (University Children's Hospital Zurich)
11:30 - 11:45	Discussion	Kennedy Uchenna and all
11:45 - 13:15	Lunch break	
13:15 - 14:00	Sex differences in psychiatry over the lifespan	PD Dr. med. Katrin Rauen (Consultant Psychiatry/University Hospital Zurich) Prof. Dr. med. Dipl.-Psych. Susanne Walitza (University Children's Hospital Zurich)
14:00 - 14:10	Discussion	Susanne Walitza, Katrin Rauen and all
14:10 - 14:50	Neuroimmunology: sex and gender specific aspects	PD. Dr. med. Bettina Schreiner (University Hospital Zurich)
14:50 - 15:00	Discussion	Bettina Schreiner and all
15:00 - 15:30	Coffee break	
15:30 - 16:30	Sex and gender differences in psychiatric disorders of adulthood	MD, PhD Iris Sommer (University Medical Center Groningen, NL)
16:30 - 16:45	Discussion	Iris Sommer and all

Day 2 14.11.2025

Module "Neurology and Psychiatry"

Time	Subject	Lecturers
08:30 - 09:15	Sex differences in healthy and pathological sleep (45min)	Prof. Dr. sc. nat. Reto Huber (University Children's Hospital Zurich)
09:15 - 09:25	Discussion	Reto Huber and all
09:25 - 10:10	Healthy Brain Ageing (45min)	Prof. Dr. sc. nat. Valerie Treyer (University Hospital Zurich)
10:10 - 10:20	Discussion	Valerie Treyer and all
10:20 - 10:40	Coffee break	
10:40 - 11:30	Sex-specific pathomechanisms of neurodegenerative diseases (50min)	Dr. Maria Teresa Ferretti (Medical University Vienna, Karolinska Center for Alzheimer Research)
11:30 - 11:40	Discussion	Maria Teresa Feretti and all
11:40 - 13:10	Lunch break	
13:00 - 13:45	Neurological diseases in both sexes (45min)	Prof. Dr. med. Susanne Wegener (University Hospital Zurich)
13:45 - 13:55	Discussion	Susanne Wegener and all
14:00 - 14:15	Discussion of expectations	Prof. Dr. sc. nat. Valerie Treyer (University Hospital Zurich)
14:15 - 14:45	Coffee break	
14:45 - 15:30	Discuss Essay questions; preparation of plenary discussion in groups	all participants in groups
15:30 - 16:50	Plenary Session:	all lecturers
	1) presentation of groups (30min)	
	2) controversies and future developments in the field (30min)	
	3) Take Home Message: What can we change (20min)	
16:50 - 17:00	Wrap up and feedback	all