

Media release

February 2016

Joint conference for sleep researchers and epileptologists

Epilepsy and sleep-wake medicine have more common features than many people think. For this reason, the Swiss League Against Epilepsy and the Swiss Society for Sleep Research, Sleep Medicine and Chronobiology (SSSSC) are organising their annual conference together this year. On 28th and 29th April in Basel renowned scientists and practitioners from Switzerland and abroad will share their findings.

(Basel) Doctors who deal with sleep disorders or with epilepsy in many cases use the same devices and methods, notably the electroencephalogram or EEG. In addition, the specialist fields frequently overlap – thus epileptic seizures often occur at night, with corresponding consequences for the patient's sleep. For this reason the Swiss Society for Sleep Research, Sleep Medicine and Chronobiology (SSSSC) and the Swiss League Against Epilepsy are organising their 2016 annual conference together. The Swiss Association of Specialists in Neurophysiological Diagnostics will also be attending and its members will be offered an appropriate interesting programme.

In plenary talks and interactive workshops, recognised experts will deal with topical subjects from research and clinical practice. The subjects include autoimmune diseases, ADHD, genetics, respiratory and sleep disorders as well as stimulation techniques, in each case related to both specialist fields. In addition to speakers from all relevant institutions in Switzerland, lecturers from Barcelona, Paris, Toronto, Milan, Innsbruck and Tübingen have confirmed they will attend. The conference language is English.

In addition, via a "Call for Abstracts" by 15th March, the latest research results will be presented as posters and in short papers. Besides doctors, psychologists and specialists in neurophysiological diagnostics, students and interested parties from all fields of science are welcome.

Joint Annual Meeting of the Swiss Society for Sleep Research, Sleep Medicine and Chronobiology and the Swiss League Against Epilepsy

28-29 April, 2016, Basel, Switzerland

[Announcement and call for abstracts](#)

Notes for media: Journalists are welcome as reporters upon prior notification. The speakers will be available for interviews.

The **Swiss League Against Epilepsy** is a professional organisation, operating all over Switzerland, and is the Swiss branch of the International League Against Epilepsy (ILAE). The Epilepsy League researches, helps and informs. Its goal is to sustainably improve the daily lives and standing in society of those affected by epilepsy.

Further information: www.epi.ch

The **Swiss Society for Sleep Research, Sleep Medicine and Chronobiology** was founded in 1991 in order to bring together the large number of experts in Switzerland working in the field of sleep research, sleep medicine and chronobiology. A further objective was to make information about sleep and chronobiology as well as about sleep-related disorders more accessible to the general public and clinicians. The integration of current research results into sleep medicine has the utmost priority and thus opens up new treatment options. However, the wide variety of sleep disorders requires clear differential diagnostics before an optimum treatment can be planned. For this reason one of the main tasks of society, practising physicians, psychologists and scientists is to make possible sleep medicine training, which complies with the latest state of research.

swiss-sleep.ch

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