2ND BASEL SYMPOSIUM
ON SLEEP AND CIRCADIAN RHYTHM DISORDERS
THURSDAY, NOVEMBER 18TH, 2021

14.00 — 14.10  INTRODUCTION AND GREETINGS

14.10 — 15.30  SESSION 1  CIRCADIAN MEDICINE
Moderated by Dr C. Garbaczza

14.10 — 14.40
PD Dr. med. Dr. phil. U. Hemmeter —
Psychiatric Hospital, St. Gallen (Switzerland)
"Pharmacological treatment of depression respecting chronobiological aspects"

14.40 — 15.10
Prof. A. Videnovic, MD, MSc, FAAN, FAASM —
Massachusetts General Hospital, Boston (USA)
"Circadian dysregulation and light therapy in movement disorders – focus on Parkinson’s and Huntington’s diseases"

15.10 — 15.30
Dr. med. C. Garbaczza —
Centre for Chronobiology, University of Basel (Switzerland)
"Sleep, circadian rhythms and light therapy in the perinatal period"

15.45 — 16.15
Prof. R. Basheer, PhD —
Harvard Medical School, Boston (USA)
"Sleep homeostasis and mechanisms of sleep regulation: lessons from the animal models"

16.15 — 16.45
PD Dr. med. D. Elmenhorst —
Institute for Neuroscience and Medicine, Forschungszentrum Jülich (Germany)
"Sleep restriction and use of caffeine in humans – insights from neuroimaging"

16.45 — 17.05
Dr. C. Reichert, PhD —
Centre for Chronobiology, University of Basel (Switzerland)
"Acute vs chronic caffeine intake: Differential effects on sleep and circadian rhythms?"

17.05 — 17.15  CONCLUSIONS